

# EATA

## BRIEFING

# European Association for the Treatment of Addiction (UK)

## 1st Quarter 2008

*The independent voice of the sector*

## Welcome

Welcome to EATA's membership briefing. EATA is the membership organisation for the independent drug and alcohol treatment and aftercare sector. By being a part of the umbrella body of the sector, our members are able to contribute to improvements in access and quality in the provision of treatment.

## EATA ANNUAL GENERAL MEETING 21st January 2008

EATA's Annual General Meeting took place on the 21st January 2008 at Bridewell Hall at St. Bride's Institute and was well attended by EATA members nationwide, as well as the Department of Health, Home Office and other Government agencies.

Peter Burkinshaw from the National Treatment Agency and Marilyn Major from the Healthcare Commission started the morning by giving a briefing on the Tier 4 Improvement Review.

As Chairman of EATA, Bill Puddicombe shared a few words about EATA's achievements over the last few years and how it continues to act as the key representative to the treatment sector.

We were pleased to have Ian Martin from the Home Office speak at the AGM. He highlighted the key issues that will shape the first draft of the new ten year drug strategy, which is due to be published in February. EATA was also happy to welcome Maria Nyberg from the Partnerships Team at the Office of the Third Sector, Cabinet Office who presented on their priorities and COMPACT.

If you would like a copy of either presentation or further information on how you can become involved with the drug strategy consultation and/or activities with the Third Sector Partnerships team please contact EATA.

AGM Formal Business: The new board of trustees for EATA was announced following the postal voting of nominees.

**EATA is pleased to announce the following members elected on to the board for 2008:**

STEVE HAMER	Compass
BEN HUGHES	Treatment Now
TINA TOZER	EDP
NICK BARTON	AONA
BILL PUDDIOMBE	coopted

**They will be joining the existing members**

STEVE COOKE	The Nelson Trust
STEVE ROSSELL	Cranstoun
MHAIRI MACPHERSON	Turning Point
RICHARD WHITE	Lampton court
CHIP SOMERS	Focus 12
PETER MCCANN	Castle Craig

EATA would like to take this opportunity to welcome the new members of the board and look forward to working with them for what we hope will be an exciting new year for EATA and the drug and alcohol treatment sector

## EATA and The New Drug Strategy

**UPDATE**

EATA has been actively involved in development of the New Drug Strategy, through regular consultation and communication. In November, the Home Office called a meeting to update the sector on the progress of the New Drug Strategy:

They were able to confirm that there would be new ten-year strategy, which will have a three-year action plan attached. The aim of this will be to monitor progress and enable a review and update of actions to support the successful implementation of the strategy.

**The Home Office has identified the main focus of the strategy will consider:**

- A new approach to young people and families
- Better treatment with a focus on re-integration
- Disrupting drug supply and providing seamless Criminal Justice Service interventions

The strategy will build upon the recently announced Public Sector Agreement to help sustain and improve the numbers in treatment with a focus on retention and effectiveness.

**The Home Office has acknowledged the Drug Strategy needs to supported by:**

- A more active call for engagement and local decision-making processes
- Improved information and research
- Effective communication

**The Children, Young People and Families element will aim to:**

- Reduce young peoples misuse of drugs, alcohol and volatile substances
- Prevent associated school failure, crime and disorder, poor mental health and developmental risk
- Protect young people from using parents
- Focus on vulnerable young people and families most at risk
- Build an knowledge base of works

- Maximise protective role do families to protect young people though better communication, support and guidance
- For pregnant drug users, provide better pre-natal and early years support for the child
- Provide for parents in treatment better support and help, such as parenting classes
- Improve early identification of families at risk and better access to family support
- Ensure the DCSF and local directors of Children's services have clear role and include substance misuse in local strategies
- Provider better prevention, education and support
- Improve treatment options and access for young people

**The treatment and support element for drug users will aim to:**

- Have a major focus on improving quality and effectiveness of treatment
- Have a wider use of new treatment approaches
- Focus on drug users re establishing their lives
- Change in prison treatment – more consistent and evidence base
- More investment in research
- Provide wider support to establish lives such as housing and training into employment

The intention is that these will form the main areas within the strategy and detail will be built from this. The draft of the strategy will be complete by end of January consultation and discussion with stakeholders in February and its implementation on April 2008.

EATA has assisted members to provide feedback into the strategy If you feel that there is anything further that you would like to feed back with regards to the Drug Strategy please contact EATA and we will pass on your comments.

## UPDATE ON TIER 4 IMPROVEMENT REVIEW

EATA has been involved in the National Treatment Agency's (NTA) Tier 4 Improvement Review. The NTA recently held a follow up workshop of the Tier 4 'Expert Group' to continue the work on developing the Assessment Framework for the 'Strategic Commissioning of Tier 4 Services' that was initiated earlier in the year.

This provided an excellent opportunity for a small group of commissioners and providers to meet with the NTA to review progress on the Assessment Framework, and receive feedback from the pilots.

EATA strongly supports the Assessment Framework Initiative that is intended to ensure that significant improvement is made to the current system of purchasing Tier 4 provision of especially residential rehabilitation.

A conclusion of these meetings is that significant changes will be required from both commissioners and providers. Commissioners will need to be able to demonstrate that there is a clear rationale in their commissioning practice which includes access 'to a range' of residential facilities, whilst providers will be required to demonstrate that their programme meets defined quality standards. The requirement for Tier 4 facilities to have an externally accredited programme is apparent, and the EATA accreditation meets just such a need.

**If you would like information on how to become EATA accredited please contact: ghada@eata.org.uk**

## AFTERCARE

### IDENTIFYING AND PROMOTING PRACTICE IN HOUSING FOR DRUG USERS

The Home Office' Drug Interventions Programme have been working to put together a leaflet which provides general information on the work being undertaken to identify and promote practice in housing for drug users, which can be used by local partnerships and providers.

As Housing has been identified as such a key issue for drug users, Communities and Local Government (CLG), the Home Office Drug Interventions Programme (DIP), The National Treatment Agency (NTA) the Ministry of Justice National Offender Management Service (NOMS), and the Care Services Improvement Partnership (CSIP) from the Department of Health (DH) are working together to prevent homelessness amongst drug users.

Delivery of effective housing for drug users at different stages in their lives provides important challenges for national, regional and local partners. Identifying and promoting joined up solutions for drug users is one of the major drivers to help meet drug treatment

targets, reduce crime and promote sustainable communities.

In order to improve a shared understanding of need, and to help further identify and promote practice (with a focus in England), the Home Office and CLG have seconded two housing and drug advisors.

**If you would like to view the leaflet please visit: [www.eata.org.uk](http://www.eata.org.uk)**

## SUPPORTING FAMILIES OF DRUG USING OFFENDERS

In addition EATA members may also be interested in DIP's recent report Around Arrest and Beyond Release (August 2007) which has gone

'Around Arrest and Beyond Release (August 2007)' is now on the <http://drugs.homeoffice.gov.uk> website. Families can play an invaluable role in helping drug using offenders address their drug use and offending. The report was commissioned by the Home Office Drug Interventions Programme in partnership with a range of partners including the National Treatment Agency for Substance Misuse (NTA) and National Offender Management Service, Drug Strategy Team (NOMS DST) and other partners to help inform planning, commissioning and practice, in identifying needs and related provision that can support families of drug using offenders particularly at, and after, arrest and release.

The 'Unlocking Potential' webpage is also active. The webpage seeks to promote and share some of the positive successes achieved through innovative approaches developed or adopted by local partnerships and projects working in partnership with service users and their families' for example through art, and sport. Visit: <http://drugs.homeoffice.gov.uk>

**For more information on the above publications please contact: [AftercareDIP\\_enquires@homeoffice.gsi.gov.uk](mailto:AftercareDIP_enquires@homeoffice.gsi.gov.uk)**

## EATA NEWS...

### EATA's NEW CRB CHECKING SERVICE NOW UP AND RUNNING....

EATA is now offering its online CRB checking service to its members in the New Year. EATA has been in the process of developing a microsite and has been running pilots to ensure the smooth delivery of the service. The service is now up and running.

The service will be much faster than many of the current options as documentation can be checked online, rather than sent backwards and forwards through the post.

**For more information please contact EATA on: 020 75539580**

## CSCI PRESENTATIONS

EATA joined the Federation of Drug and Alcohol Professionals (FDAP) and the National Treatment Agency in making presentations at two workshops convened by the Commission for Social Care Inspection (CSCI). This was aimed at considering specific substance misuse issues in relation to registered care homes.

Whilst the morning session focused on the management of substance misuse issues within the care home sector generally, the afternoon focused on current issues for CSCI registered providers working in the substance misuse sector. The NTA updated the workshop on progress with the Tier 4 commissioning review, and FDAP updated colleagues on accessing training for staff to meet both NTA and CSCI benchmarks.

EATA concentrated on underlying the importance of providers being able to demonstrate that programmes meet quality standards – interestingly, the substance misuse sector performed significantly better than other care homes in the CSCI grading carried out following inspections this year. EATA stressed the value of obtaining independently validated accreditation through the scheme it had successfully piloted this year, and which had been formally recognized by the NTA. Repeated from the article above too much accreditation sales!

**If you would like to add any information or have any queries regarding any of EATA's meetings or services, or would like to join EATA, please contact Ghada Osman on [ghada@eata.org.uk](mailto:ghada@eata.org.uk)**

## EATA FORUMS - Why not voice your opinion?

Do you have a view or opinion about a particular subject in the substance misuse or addiction treatment field?

Register at EATA forums and get your message out.

Visit: [www.eata.org.uk](http://www.eata.org.uk)

**Telephone: 020 7553 9580**

# NEWS FROM OUR MEMBERS...

## **VALE HOUSE AWARDED EATA ACCREDITATION**

Vale House has been awarded EATA's Accredited Provider Status. After many months of hard work and effort by the staff at Vale House Stabilisation Services, they have finally been awarded EATA Accreditation for the Structured Psychosocial Rehabilitative Treatment Programme. The application was assessed by EATA's panel of independent assessors and is a benchmark for quality.

To read more about EATA Accreditation visit: [www.eata.org.uk](http://www.eata.org.uk)

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## **NELSON TRUST PILOT ROMA PROJECT IN TIER 4 SETTING**

Nelson Trust is preparing to deliver a pilot study using the ROMA (Record of My Achievements) project. The project involves a client folder is clear and user friendly and covers a wide range of issues relevant to Tier 4 service users.

Staff at the Nelson Trust has been convinced that clients engaging in this project will benefit from completing the modules of this course.

Although certain aspects will need to be tweaked to meet the abstinence based culture, (such as harm reduction and safer injecting modules), the programme aims to encourage clients to work on these elements of the programme giving historical accounts of their experiences. The work encourages self-reflection and provides a context in which to consider patterns of drug using behaviour. We hope that the strong educational element of the programme will reduce many of the risks involved in substance misuse, in the future. The relapse prevention module is excellent and will enhance the work we already do with clients in treatment.

The certificates on completion of every module will prove to clients that they can follow through and complete a task. They will also help to build self esteem. We anticipate clients will be keen to complete the course, gaining an NVQ level 2 qualifications and then using ROMA as a stepping stone to further study.

## **TURNING POINT – DUAL DIAGNOSIS**

Building on the Department of Health's Dual Diagnosis good practice guidance, published in 2002, Turning Point has produced Dual Diagnosis Good Practice Handbook.

This is the result of a two-year project funded by the Department of Health. The guidance addresses some of the challenges in working with people who have co-existing substance misuse and mental health needs and how to apply good practice. The Handbook draws on the experience of the Care Services Improvement Partnership (CSIP), the National Treatment Agency (NTA) and other experts in the field. As well as an overview of the components of good practice, it contains a series of case studies looking at good practice in a range of agencies and settings, from a high security hospital to an in-patient ward and service user-led projects.

Members are encouraged to update us with their news whether they want it to appear on our website or on future membership briefings. Contact [ghada@eata.org.uk](mailto:ghada@eata.org.uk), or you can send it by post.

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## **EATA WORKING FOR OUR MEMBERS**

A key role of EATA is working on behalf of its members in work with government departments and other agencies.

By representing the interests of its members on working groups and at consultation events EATA is able to continually raise the concerns and needs of the independent sector.

### **EATA is currently working on the following areas:**

- Voluntary Sector Compact Plus
- Residential Rehabilitation
- Workforce Development
- Improved Service Delivery
- Improved access to Treatment
- Promotion of evidence based treatment
- Improved commissioning

**IF YOU HAVE ANY IDEAS OR NEW INITIATIVES YOU WOULD LIKE TO SHARE WITH US, EITHER IN OUR BRIEFING OR ON OUR WEBSITE, PLEASE CONTACT EATA ON: 020 7553 9580 OR EMAIL: [GHADA@EATA.ORG.UK](mailto:GHADA@EATA.ORG.UK)**

**Email: [secretariat@eata.org.uk](mailto:secretariat@eata.org.uk)**

# EVENTS...

## NATIONAL

### Life Beyond Drug Treatment

19th February 2008  
Nottingham

Organised by Double Impact, this conference aims to feedback the outcome of the consultation events, highlight the potential cost savings to the treatment system, debate and develop a best practice guide for aftercare services.

**For more information email:**  
[conference@doubleimpact.org.uk](mailto:conference@doubleimpact.org.uk),  
**tel: 0115 950 5453.**

### National Drug Treatment Conference

13th -14th March 2008  
Glasgow

The 2008 event will discuss key issues such as the new drug strategy, recovery from drug use, families, the heroin and cocaine supply chain, NICE guideline, black & minority ethnic communities in drug service development. For more details visit the conference.

**For more information visit:**  
[www.exchangesupplies.org](http://www.exchangesupplies.org)

### Drugs and Alcohol Today London

1st May 2008,  
Business Design Centre,  
London

This one-day event, incorporates a large exhibition, a full and comprehensive seminar programme providing updates on policy and showcasing examples of good practice, and a range of exciting and stimulating activities. It provides a unique opportunity for professionals and managers, involved in preventing and treating substance misuse, service users and those interested in the field to come together to share best practice, network and reflect on the very latest thinking.

**Tickets – In advance £20  
or £25 On the day, Group  
Discount – five tickets for £80  
including VAT**

**Contact Pavilion on 0870 890  
1080 or email [info@pavpub.com](mailto:info@pavpub.com)  
or visit <http://www.pavpub.com/pavpub/drugsandalcohol/london/index.htm>**

If you have any ideas  
or new initiatives  
you would like to  
share with us, either  
in our Briefing or on  
our website, please  
contact EATA on:

**020 7553 9580**

or email:

**[ghada@eata.org.uk](mailto:ghada@eata.org.uk)**

## CONTACT EATA

**EATA is continually improving  
services for its Members.**

**If you would like to voice  
any concerns within the  
sector, would like to request  
information on becoming a  
member, or would simply like  
to make a suggestion, please  
contact Ghada with your query**

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*EATA – Helping to  
ensure that people  
with substance  
dependencies get the  
treatment they need.*