

# The independent voice of the sector

## Welcome...

Welcome to EATA's membership briefing. Our aim is to ensure that people affected by substance dependencies get the treatment they need. By being part of the umbrella body of the sector, our members are able to contribute to improvements in access and quality in the provision of treatment.

### EATA news

#### New Board voted in at EATA's AGM

A new board of trustees was announced at EATA's Annual General Meeting, which took place on 26 February 2009 at Ort House Conference Centre. The meeting was held following the highly successful New Directions: clinical governance and quality assurance which attracted more than 110 delegates from both UK and abroad. Read the full story about New Directions... below.

Newcomers elected by members to the board, are Wendy Dawson, Chief Executive of the Ley Community, Gina Dormer, Chief Executive of Broadreach House, and Anthony Massouras, Chief Executive of Mimosas Healthcare Ltd.

(Full biographies can be found on the Board of Trustees' page at [www.eata.org.uk](http://www.eata.org.uk))

Wendy, Gina and Anthony join our existing members.

Steve Rossell	Cranstoun (Chair)
Steve Cooke	The Nelson Trust (Vice Chair)
Brian Dudley	Broadway Lodge (Treasurer)
Nick Barton	Action on Addiction
Steve Hamer	Compass
Ben Hughes	Merus Training Ltd
Richard Johnson	ANA Treatment Centres
Chip Somers	Focus12

**EATA would like to take this opportunity to welcome the new members of the board and looks forward to working with them on the exciting challenges 2009/10 holds in store for EATA and the drug and alcohol treatment sector.**

### NEW MEMBERSHIP STRUCTURE FOR EATA

A new membership structure will be introduced from April 2009 which was voted in at the AGM. It is hoped that these changes will offer a simpler and more attractive choice to those who want to join EATA. The structure will now have only two categories of membership, full and associate. We are also broadening our membership criteria in order to offer the benefits of full membership to international services.

These changes will have little impact on a majority of members but what it does mean is that those who were registered as affiliate, where appropriate will become full members. This means they can gain greater benefit from their membership including the right to vote and stand for future board election.

**Our new membership categories are:**

#### FULL MEMBERSHIP

Full membership is opened to treatment providers. These are organisations that provide psychosocial interventions and healthcare programmes, the principle goal of which is to establish, maintain and encourage a life free from dependence on alcohol and other drugs.

#### ASSOCIATE MEMBERSHIP

Associate membership is open to organisations and individuals over the age of 18 who support EATA's aims and objectives, whether or not they are involved in the provision of treatment.

For more information about changes to our membership structure, visit [www.eata.org.uk/join-eata/](http://www.eata.org.uk/join-eata/) or contact us at [secretariat@eata.org.uk](mailto:secretariat@eata.org.uk).

## NEW DIRECTIONS SHOWS THE WAY TO SUCCESS

Months of organisation came to a head in February when EATA's New Directions: clinical governance and quality assurance opened its doors for a day of seminars and practical workshops.

The event, organised with support from the NTA, was a tremendous success and helped more than 110 delegates, including EATA members, other treatment providers, drug and alcohol service commissioners and PCT staff, pin down the challenges arising from the need to demonstrate clinical governance and quality assurance in practice.

Annette Dale-Perera, Director of Quality at the NTA, gave a warmly-received keynote speech on the drive towards higher standards and effective clinical practice within the sector. The workshops, which included those such as "Best practice and better quality services" and "What is clinical governance and how to implement it?", actively engaged delegates on a practical level to support implementation within their own workplaces.

We are currently analysing the evaluation forms from the day, but initial reports have revealed that delegates found the speakers and

workshops very useful giving a deeper insight into the challenges ahead.

A report analyzing feedback will be distributed in the near future, so send us your comments as soon as possible.

The day proved an ideal opportunity for people from across the treatment and commissioning sectors to network with each other and discuss some of the issues arising from the seminars and workshops. All the presentations from the day have been sent to delegates, but we have also uploaded them on the members' area of the website.

## VACANCY FOR EATA'S CHIEF EXECUTIVE (21 HOURS A WEEK)

This is a challenging time for EATA as it seeks to expand its activities and benefits for members, build its profile among policy makers and government bodies and raise awareness of its aims to ensure people affected by substance dependencies get the treatment they need.

Now an exciting opportunity has opened up within the organisation for a part-time (21 hours per week) Chief

Executive to provide maternity cover from approximately July. EATA's Board of Trustees will consider applications that propose to fill this post on either a part-time, consultancy or freelance basis.

The successful candidate will be responsible for the day-to-day management of EATA's resources and activities. He or she will also undertake the delivery and review of the board's strategic and business plans.

Areas of responsibilities will include:

- Overall organisational strategic and operational management
- Financial management
- Income generation (priority for 2009/10)
- Top level outward facing role of EATA
- Strategic level decisions input on national policy/consultation.

**More information including the full job description, salary and benefits, application criteria and how to apply are available from Steve Rossell, Chair of EATA's Board of Trustees. Please email [srossell@cranstoun.org.uk](mailto:srossell@cranstoun.org.uk) or call 0208 335 1830.**

## POLICY ROUND-UP

**A key role of EATA is working on behalf of its members with government departments and other agencies. By representing the interests of its members on working groups and at consultation events, EATA continually raises the concerns and needs of the sector. We also engage our members so that they contribute to the impact we make on policy and practice.**

### NICE Scope for guidelines on alcohol dependence

At the end of last year, EATA attended a NICE meeting where the draft scope for guidelines addressing the diagnosis and management of alcohol dependence was outlined. Following the meeting, we consulted with our members on the draft document and submitted our recommendations for the scope of the guidelines. The document is available on our website.

A Guideline Development Group will be established to help develop the guidance, and the Group is looking to draw members from the Voluntary and Community Sectors, particularly those with experience of providing services for people with alcohol dependence problems. The draft guidance is expected to be ready for an 8-week consultation exercise in July 2010. Full guidelines are scheduled to be published around March 2011. Alongside the guidance, the publications will include a cost impact template and implementation tools.

**If you would like to join the Guideline Development Group, email [nice@nice.org.uk](mailto:nice@nice.org.uk).**

### Housing Benefit reform consultation

The Welfare White Paper, "Raising expectations and increasing support: reforming welfare for the future" in December 2008 revealed that a consultation would be launched on housing benefit during the early months of 2009. While the timing has not been finalised, some details

about the key issues that will be covered have been announced by the Department for Work and Pensions. They include:

- the need to ensure that the Housing Benefit system supports the wider welfare system in helping people in to work;
- delivering value for money for the tax payer, and;
- ensuring the Housing Benefits system is fair to working families not on benefits.

Once further information is released on the consultation, EATA will contact members to ask for their comments on issues specific to substance misusers and people undergoing treatment.

### CQC springs into action in April

From 1 April 2009, the Care Quality Commission (CQC) will take on the responsibility and duties of the Commission for Social Care Inspection, the Healthcare Commission and the Mental Health Act Commission.

During the Joint Healthcare Commission/NTA Substance Misuse Service Review 2008/9 workshop held in January, EATA learned more about the reasons behind the changes and implications these will have on the treatment sector.

The changes have been made in response to the simple fact that the needs of people who use social care and health services, carers and their families have changed in recent years while responsibility for social care and health services has come together. Likewise, the CQC aims to reflect these developments by providing the sector with one independent regulator.

The benefits of this will include giving service users, carers and families one port of call for information on standards, safety and provision, alongside uniting the inspection and regulation methods and combine all the sources of intelligence that drive improvements: statistical analysis, on-the-ground inspections, and the views and verdicts of service users and frontline staff.

Once the CQC takes over in April, its main role will be to regulate health and adult social care providers to ensure quality and safety standards, drive improvement and stamp out bad practice. It will also protect the rights of people who use these services, particularly the most vulnerable and those detained under the Mental Health Act.

**For more information about the CQC, visit the website at <http://www.cqc.org.uk/>.**

### Bill to strengthen powers of Compact

The chair of the All-Party Parliamentary Group on the Community and Voluntary Sector is to present a 10-minute rule bill aimed at endowing the Commission for the Compact with statutory powers.

Tony Levitt MP is proposing the legislation following a consultation carried out by the government which revealed that the Commission lacks the power to enforce the Compact. The Compact, established in 1998, is an agreement between Government and the voluntary and community sector in England. It recognises shared values, principles and commitments and sets out

guidelines for how both parties should work together.

EATA submitted a response to the consultation in November last year, and highlighted their frustration with government agencies that have a compact in place but fail to abide by it.

**To read EATA's submission visit [www.eata.org/policy/completed-activities](http://www.eata.org/policy/completed-activities).**

### Pooled Treatment Budget 2009/10 announced

The total Pooled Treatment Budget (PTB) for 2009/10 will be £406m, an £8m increase on 2008/9, the NTA announced in February. Of this the adult PTB, the NTA explained, will increase to £381.3m, an increase of over 2% compared to the previous financial year.

### Guidance published on needle and syringe programmes

In October, after asking our members for their comments, EATA responded to the NICE consultation on public health guidance on needle and syringe programmes (NSPs). Among the issues EATA raised, we highlighted the need for more community information about the role of NSPs in treatment and reducing harms and greater involvement of the local community in planning and assessing need in order to address the misunderstanding of hostility felt towards these particularly services.

**The final guidance has now been published and can be downloaded from the NICE website at <http://www.nice.org.uk/Guidance/PH18>.**

## New members

A warm welcome to EATA's new members:

Nairobi Place  
Addiction  
Treatment Centre  
Michelle Atterbury  
The Clifton Centre

# News from our members

## Change of name for Meridian

The Meridian Clinic has changed their name to Meridian Counselling Clinic Ltd. This name change will help to better explain the nature of the clinic's work. Meridian Counselling Clinic, which was established in 1991, has also appointed Rosemary Mason BA (Hons) as Managing Director. **Their new email address is office@meridiancounsellingclinic.com while their website address has changed to www.meridiancounsellingclinic.com.**

## Turning Point launch two new pilots in Milton Keynes

Two new initiatives have been launched by Turning Point in Milton Keynes. They have started work on a brief intervention alcohol pilot which was commissioned by the provider's local PCT working alongside GP Practices. Their second project is an assertive outreach crack/stimulant pilot which was commissioned by Turning Point Milton Keynes' Drug and Alcohol Action Group. **For further details, contact tina.cook@turning-point.co.uk.**

## News from Unity

The Unity Group, which works towards promoting understanding between different elements of the drug and alcohol treatment continuum within the UK, is gearing up for Misuse and Addictions Month in May 2009. The month is aimed to encourage treatment providers to hold "open days" to give people the opportunity to visit different centres and find out at first hand the wide range of treatments available. This event is organised by the Unity Group and supported by the Home Office.

The group also helps to facilitate job swaps between staff working in the field to visit centres and learn about the different forms of treatment available. Brian Dudley, Unity member and CEO of Broadway Lodge, used the scheme to visit Haringey Needle Exchange Programme. He said, "I found it really interested and have much more respect for the people who work there."

If you would like to take part in the Job Swaps scheme, email Brian Dudley for more information at [briandudley@broadwaylodge.org.uk](mailto:briandudley@broadwaylodge.org.uk).

**For more details about the Misuse and Addictions Month, visit [www.unitygroup.org.uk](http://www.unitygroup.org.uk) and see what took place last year.**

## New courses at Nelson Trust's Star Centre

Practical courses such as IT, woodwork, art, pottery and basic literacy have been on the syllabus at the Nelson Trust's Star Centre, which was established in 2003. The centre is now able to offer a six-week cookery course to clients following funding from the

Susanna Peake Charitable Trust and Beatrice Liang Trust. A further donation from the Dursley Lions Club enabled the centre to offer creative writing courses. The Nelson Trust is now applying for funding during 2009 to develop their horticultural courses.

## Pilot study in hyperbaric oxygen therapy launched by Castle Craig Hospital

Understanding the treatment of alcoholic liver disease with hyperbaric oxygen therapy will be the subject of a pilot study launched by Castle Craig Hospital and the Department of Hepatology at the University of Edinburgh, after the project obtained Ethical Committee approval.

Currently the only "curative" treatment for cirrhosis of the liver is transplantation but due to donor shortages and the implications of taking life-long anti-rejection drugs, this is not available to the majority of patients.

The study aims to examine whether blood marrow stem cells are mobilised in the bloodstream and also see if there is an improvement in liver function following the therapy. Participants will have 20 two-hour hyperbaric oxygen sessions and their blood will be compared with samples given before treatment, after 10 sessions, 20 sessions and one week after the treatment has ended.

Peter McCann, Chairman of Castle Craig Hospital, said: "We are committed to helping patients, not only with their addictive disease, but also with their inevitable medical complications, and we hope that hyperbaric oxygenation will assist in this respect."

## Montrose Place extends eating disorders programme

Montrose Place has extended its programme with a new care retreat that will specialise in the comprehensive treatment of clients with eating disorders in February. A spokesperson for the Cape Town-based service said that its new retreat in Montrose Manor is a holistic approach that addresses the complexity of eating disorders by using several different treatment modalities.

"We understand each individual is unique and because Montrose Manor is a small facility, we are able to design a detailed personalized treatment programme for every patient," she said.

## Conservation work to start this summer at St James Priory Project

The impressive Norman priory church at St James Priory Project is to close in July for repair, conservation and development. The work on the church, which dates from 1129, is expected to last 18-24 months and has been made possible thanks to a £32 million grant from the Heritage Lottery Fund. New

facilities will be created within the church buildings which will increase community use, enhance the core services of the Project and help expansion plans into day support for women and their children.

The integrated Dual Diagnosis element offered by one of the Project's core services, Walsingham House, which provides primary residential rehab, is proving to be a significant addition for commissioners and clients. However, so far in 2009 the number of referrals overall have dropped and feedback from clients indicate that they are not able to access rehab from the core community treatment resources as easily or as quickly as they would like. In response to this Brendan Georgeson, Treatment Co-ordinator, has set up a Peer Mentoring scheme to provide support and encouragement to those in Bristol who have been referred to Walsingham House. Evidence suggests that such schemes enhance retention in treatment.

## Summerfield is taking life by the reins

Summerfield Recovery Centre has become the first residence-based Equine Assisted Psychotherapy facility in South Africa. The service includes a registered psychologist who is also accredited with the International Equine Assisted Growth and Learning Association (EAGALA).

## Marbella Rehab becomes Camino Recovery Centre

Camino Recovery Centre in Spain has welcomed their new owners Don Lavender BA., M.Div. and Meena Lavender. Meena Lavender specialises in Eye Movement Desensitisation and Reprocessing (EMDR), a non-invasive process that works to lessen the damaging effect that trauma has caused. Don Lavender BA., M.Div. will be bringing his 18 years of experience in developing Equine Assisted Psychotherapy (EAP) to Camino Recovery, using horses to lessen trauma, build esteem and increase understanding about boundaries and relationships.

**For more information about Camino Recovery's contact (0034) 95278 4228 or email [gini@caminorecovery.com](mailto:gini@caminorecovery.com).**



Image shows Meena (L) and Don (R) with one of the centre's horses.

## LEARNING TOGETHER TO DEVELOP LEADERSHIP SKILLS FOR THE FUTURE OF TREATMENT

**A new course from EATA aims to help new managers develop the skills they need to become good leaders by learning from each other.**

Learning in Leadership, six full-day workshops taking place from May 2009 in Central London, is aimed specifically at managers of all levels in EATA member organisations who are ready to share their experiences and learn alongside each other.



During the training participants will form an action learning set in which to develop their leadership skills and explore the particular issues that they will meet on a day-to-day basis.

Each one-day workshop aims to equip delegates with an increased confidence in leadership, a grounding in leadership's practical applications, a larger range of options in dealing with everyday management problems and an increased capacity through improved efficiency.

The workshops will be facilitated by Bill Puddicombe, who has over 20 years experience as a leader in the independent sector and is a Chartered Director and a qualified HR practitioner.

Sharon Carson, EATA's Chief Executive, said, "Good leadership is key to influencing, motivating and directing your workforce and partners to ensure that you accomplish what your organisation has set out to achieve.

However, developing the skills required to become a good leader can be difficult for a new manager, or even a well-established one."

"Leadership and learning are indispensable to each other, which is why we've set up a new course to help those wanting to develop these skills."

**For further details about the syllabus, learning objectives and costs, please email [als@eata.org.uk](mailto:als@eata.org.uk).**

## DELIVERING HOUSING AND REINTEGRATION FOR DRUG MISUSERS

The new emphasis given to reintegration in the 2008 Drug Strategy has put aftercare high on the agenda. At a meeting of the Reintegration Board attended by EATA in January, Dianne Kennard of the Drug Misuse Team, Department of Health, outlined some of the new initiatives for housing and reintegration support and where more work is required.

In line with the issues that EATA has raised on behalf of the treatment sector in recent years, the DH are recognising that aftercare and support is essential to personalised services and that the need for appropriate re/housing of individuals after treatment can affect their recovery journey, e.g. relapse, reoffending. The DH acknowledged that some progress has already been undertaken in tackling the reintegration agenda such as welfare Reform, pathways into treatment and employment support.

Consultation and stakeholder feedback has revealed a number of issues on housing – for example, there is lots of good practice but this varies hugely across the country. There are also big gaps in agendas, understanding and data, between the housing and drug sectors. The Board intends to work with the Drug Strategy Delivery Group on a delivery plan which addresses these needs.

If members would like to discuss these issues, please email [secretariat@eata.org.uk](mailto:secretariat@eata.org.uk)

## Remember as a member

Our online CRB checks at competitive rates for members (and also for non-members) provide a faster turnaround time, step-by-step instructions and an online manual to prevent fewer application errors. We track your application and inform you of its progress for your complete peace of mind.

And don't forget about our POVA First service – this preliminary check carried out by the CRB allows workers in exceptional circumstances to begin working while waiting for a full CRB check.

**For information including costs about either service, contact [secretariat@eata.org.uk](mailto:secretariat@eata.org.uk)**

## REVAMP OF BEDVAC TO HELP IMPROVE ACCESS

Bedvacs is to be relaunched, it was announced at the Joint Healthcare Commission/NTA Substance Misuse Services Review 2007/8 Tier 4 planned improvement workshops attended by EATA in January.

The online service is currently used by approximately 75 percent of the sector but the site currently only provides services' vacancy details. The revamped Bedvacs will aim to include 100 percent of the sector and will offer improved utility to ensure client placement needs are better linked to services.

Commissioners, providers and carers will be involved in the pre-development of the site and a consultation will take place throughout 2009/10.

## PROGRAMME AVAILABLE FOR DRUG AND ALCOHOL TODAY

The programme for this year's Drug and Alcohol Today – one of the biggest UK exhibitions for professionals working in substance misuse – is fast shaping up. The exhibition of 60 key organisations, projects and suppliers will feature a range of interactive zones covering Arts, Sports Films, Families and Drug information.

A packed seminar programme has been planned, where ministers, policy makers, frontline workers and service users share knowledge and debate changes in policy and best practice, including:

- Keynote speech on alcohol strategy: are we meeting the needs of diverse communities?

- complex needs
- dual diagnosis
- alcohol and practice issues
- the great debate: the drug strategy one year on
- connected integrated care
- crack and stimulants
- and much more, visit the exhibition website for regular updates

The event, which attracts over 1500 visitors, is supported by a range of organisations including EATA, the Home Office, Turning Point, Society Guardian, Blenheim CDP and ADFAM. Attending Drug and Alcohol Today can count towards your PRTL requirements.

**Tickets: £20 in advance, £25 on the door. Call OLM-Pavilion on 0844 880 5061 or email [info@pavpub.com](mailto:info@pavpub.com) for further information.**

**You can also book online at: [www.drugsandalcoholtodayexhibition.com](http://www.drugsandalcoholtodayexhibition.com).**

# Events

### Principles of Spiritual Freedom

Friday 1 May 2009

Spain

Camino Recovery Centre in Spain looks forward to welcoming Phillip S Mitchell for his One-Day Workshop/Seminar "Principles of Spiritual Freedom" designed for Mental Health and Recovery Professionals, and those in Recovery. There will also be special training for mental health professionals.

**For more information please email [gini@caminorecovery.com](mailto:gini@caminorecovery.com) or contact (0034) 952 784 228.**

### Learning in Leadership Action Learning Set

May-November 2009

London

A new EATA training course for managers of all levels within organisations. This course, facilitated by Bill Puddicombe, is targeted at those who are new to management and want to make the transformation from management to leader. For EATA members only.

**For further details about the syllabus, learning objectives and costs, please email [als@eata.org.uk](mailto:als@eata.org.uk).**

### Misuse and Addictions Month: where to find help

May 2009  
Nationwide

Join in a series of "open days" or half days in the month of May so that providers, referrers and commissioners can:

- visit each other
- learn from service users
- welcome the public
- raise awareness of their work
- enable access to treatment.

**For more information visit [www.unity.org.uk](http://www.unity.org.uk).**

### UKESAD 2009

Thursday 14, Friday 15 and  
Saturday 16 May 2009  
London

The 6th annual UKESAD, UK/European Symposium on Addictive Disorders, will include international exhibitors and seminars sharing knowledge and best practice on a wide range of effective approaches to intervention, treatment and recovery. The Symposium will take place at the Millennium Gloucester Hotel, SW7 4LH. Early bird discounts are available for delegates who book their place before the end of March. Speakers include Christopher Kennedy Lawford and Shadow Health Minister David Burrows MP. A film crew will be onsite; let the organisers know if you wish to be interviewed for an online chat show. An up-to-date programme is available at [www.ukesad.org](http://www.ukesad.org).

**For more information, contact the Addiction Recovery Foundation by telephone: 020 7233 5333 or email [reachingout@addictiontoday.org](mailto:reachingout@addictiontoday.org).**

## Contact EATA

EATA is continually improving services for our members. If you would like to voice any concerns within the sector, or want more information on becoming a member, or would simply like to make a suggestion, please contact us at the address below with your query.

We also want to hear what you are achieving and what you have planned for the future, so that we can include it in our next edition of the Briefing (out in the early Spring 2009) and share it with all of EATA's members. Send your news to

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*EATA – helping to ensure that people affected by substance dependencies get the treatment they need.*